

CLINICAL MANAGEMENT OF CHRONIC PAIN 2010

CHOICE OF CLINICAL SESSIONS

Please ring your 1st and 2nd choice preferences

MONDAY 2 Nov. am. CLINICS

Surgical treatment for pain	1	2
Neuropathic pain	1	2
General pain	1	2

THURSDAY 5 Nov.

1	2	Physiotherapy Clinic
1	2	Theatre session
1	2	PMP treatment



The Pain Relief Foundation

A registered charity funding research and education in chronic pain

**CLINICAL MANAGEMENT OF
CHRONIC PAIN COURSE**

1-5 NOVEMBER 2010

This is an advanced practical course in clinical pain management, designed for those who have already had some training and/or attended other pain courses. However it is not intended for experienced pain clinicians. Teaching will include patient contact and observation

REGISTRATION BOOKLET

Online Registration at
www.painrelieffoundation.org.uk

In association with The Walton Centre for Neurology &
Neurosurgery NHS Foundation Trust

Contact: Mrs Brenda Hall, Pain Relief Foundation
Clinical Sciences Centre, University Hospital Aintree
Lower Lane, Liverpool L9 7AL UK
Tel. +151 529 5822
Email: b.hall@painrelieffoundation.org.uk



PROGRAMME

CLINICAL MANAGEMENT OF CHRONIC PAIN 2010
Online Registration available at www.painrelieffoundation.org.uk

Pain Research Institute (PRI), Clinical Sciences Centre (CSC), University Hospital Aintree Site, & Walton Centre for Neurology and Neurosurgery (WCNN).

REGISTRATION FORM

By registering for this meeting you agree to our terms and conditions as listed below
Payment of £750 MUST be enclosed with the SIGNED registration form

VEGETARIAN Y / N

MONDAY 1ST NOV 2010

- 08.30 REGISTRATION AND COFFEE**
Foyer of the CSC
- 08.55 5 CLINIC SESSIONS – WCNN**
Jibril Osman-Farah Surgical treatment of pain
Turo Nurmikko Neurogenic pain
John Wiles General pain
Manohar Sharma General pain
Bernhard Frank General pain
- 12.30 LUNCH (CSC)**
- IMAGING**
Chair: John Wiles
- 13.20 An Introduction to Lumbar Imaging**
Kumar Das (Liverpool)
- 14.00 Radiographic Anatomy for Spinal Intervention**
Sanjeeva Gupta (Bradford)
- PHARMACOLOGICAL TREATMENT OF CHRONIC PAIN**
- 14.45 Managing patients with chronic benign pain on strong opioids**
Bernhard Frank (Liverpool)
- 15.15 TEA**
- 15.45 Pharmacological treatment of neuropathic pain**
Chris Wells (Liverpool)
- FACIAL PAIN**
Chair: TBA
- 16.30 Facial Pain: Diagnosis & Treatment**
Turo Nurmikko (Liverpool)
- 17.00 Questions & Discussion**

TITLE.....NAME

CURRENT POST & SPECIALTY

.....

HOSPITAL

MAILING ADDRESS.....

.....POSTCODE.....

TEL.....FAX.....E-MAIL.....

Signature:

Date:

Please return this form to:
Mrs. B. Hall, Pain Relief Foundation, Clinical Sciences Centre, University Hospital Aintree,
Lower Lane, Liverpool L9 7AL



PAYMENT: Please tick boxes

By cheque: I enclose a cheque or Bankers Draft in Pounds Sterling and drawn on a UK Bank, payable to Pain Relief Foundation for £750

By Credit Card (as indicated only)      

Number: _____

Expiry Date: ____ / ____ Name as on card

Start date) ____ / ____ Issue No. (if applicable)

Cv2 (last 3 digits of security number on reverse of card)

Terms & Conditions:

Registrations will not be accepted over the telephone
In the event of cancellation before 1st October 2010, fees will be refunded less an administration charge of 10% .
There will be no refunds after 1st October 2010
Places are only guaranteed upon written confirmation. Acceptance is at the discretion of the organisers. If pre-payment has not been made by the date of the event, the organiser reserves the right to refuse admission.
In the event that The Pain Relief Foundation cancels the meeting, our liability will be limited to registration fees already paid to the Foundation for the meeting.

Please ensure that you have indicated your choice of sessions overleaf.

ACCOMMODATION

Some suggestions — Please book directly yourself, and early

Aintree Lodge Hotel, University Hospital Aintree, Fazakerley, Liverpool L9 7AL
On-site hotel. Single en suite. Room only, £37.00 Catering only from the hospital canteen.
5+ miles away from the city centre. Cannot book earlier than 2 months ahead.

Bounty House Hotel, Ben & Sharon Vogelenzang, 3-5 Church Avenue, Aintree, Liverpool L9 4SG www.bountyhouse.co.uk (T:0151 281 6750) 4 Diamond Rating. Situated in Aintree in walking distance from Walton Centre. Single en suite B&B £50, Double B&B £70. The hotel has an in-house restaurant serving lunch and dinner. There is an indoor swimming pool & Jacuzzi! **Recommended.**

Blundellsands Guesthouse, Elton Avenue, Crosby, L23 www.blundellsands.info (T: 051924 6947)
£49 single en suite, £89 double en suite.

The Park Hotel, Dunningbridge Road, Netherton, L30 6YN. www.theparkhotel.biz (T:0151 525 7555) Near Aintree Race Course. Approx. £90

City Centre:

Hotel Formule, 25 Wapping, Baltic Triangle, Liverpool L1 8DR.
www.hotelformule1.com

(T: 0151 709 2040) Opposite the entrance to the Albert Dock complex. Functional accommodation for up to 3 persons per room, room with sink and TV, & continental breakfast. NOT EN SUITE. £35

Premier Inn, Vernon Street, Liverpool and Liverpool Albert Dock, Gower Street.
www.travelinn.co.uk (T: 0870 990 6432). Rate variable. Restaurant and bar. There are other Premier Inns at Aintree & Bootle in N. Liverpool and on the Wirral peninsula.

Holiday Inn Express, Britannia Pavilion, Albert Dock, Liverpool L3.
www.exliverpool.com
(T: 0151 709 1133) situated in the Albert Dock complex en suite B&B £90

Jury's Inn Liverpool, No 31 Keel Wharf, Liverpool L3 4FN. www.jurysinns.com
(T: 0151244 3777) New hotel in Kings Waterfront (part of the Liverpool Arena development)

The Liner Hotel, Lord Nelson St., Liverpool L3 5QB. www.theliner.co.uk (T: 0151 709 7050) Newly refurbished. Convenient for Lime St Railway Station. FROM £90.

There are a number of 4* & 5* hotels in Liverpool, The **Marriott** City Centre, The **Malmaison**, The **Crowne Plaza**, The **Radisson SAS**, The **Hilton**, bookable on the internet etc. as well as boutique hotels, The **Hope Street Hotel**, The **Racquet Club**

A useful internet booking site www.laterooms.com

TUESDAY 2nd NOV 2010

THREE COMMON PAIN CLINIC PROBLEMS

Chair: John Wiles

- 09.15** Myofascial pain : A guide to practical management
Andreas Goebel (Liverpool)
- 09.45** Chronic neck pain & whiplash injury pain
Roger Okell (Crewe)
- 10.15** Practical management of mechanical low back pain
John Wiles (Liverpool)
- 10.45** COFFEE
- 11.15** **CANCER PAIN Case Presentations**
Manohar Sharma (Liverpool)
- 12.15** **LUNCH (CSC)**
- 13.10** **PRESENTATION BY THE WINNER OF THE 2010 PAIN RELIEF FOUNDATION STUDENT ESSAY COMPETITION**
- 13.25** **Lecture: TENS: Theory and practice**
Mark Johnson (Leeds)
- INTERVENTIONS FOR BENIGN PAIN**
Chair: Manohar Sharma
- 14.25** Patient assessment for & implantation of spinal cord stimulators & drug delivery systems.
Jibril Osman-Farah (Liverpool)
- 15.05** Short & long term management of patients with spinal cord stimulators & drug delivery systems.
Christin Bird (Liverpool)
- 15.25** TEA
- 15.50** Neurosurgical treatment of pain.
Paul Eldridge (Liverpool)
- 16.10** Neuroblockade in pain medicine.
Manohar Sharma (Liverpool)
- 16.45** Questions and close

WEDNESDAY 3rd NOV 2010

- 09.15** **GRAND ROUND**
Wolfson Lecture Theatre, CSC Chair : Paul Eldridge

Walton Centre Pain Team
- 12.30** **LUNCH**
- 14.00** **THE SAM LIPTON LECTURE**
Urogenital Pain
Andrew Baranowski (London)

PAIN CONTROL IN PALLIATIVE CARE
Chair: Manohar Sharma
- 15.00** The role of the Anaesthetic Pain Clinician in the hospice
Andrew Jones (Liverpool)
- 15.30** TEA
- 16.00** Non-invasive analgesia for pain in palliative care
Matthew Makin (Wrexham)
- 16.45** Questions and close

CONTINUING MEDICAL EDUCATION
CEPD credits have been applied for from the
Royal College of Anaesthetists.
A certificate of attendance for CEPD points
will be issued at the close of the meeting.

PARKING: Parking space at CSCRE, on the Aintree site, is very congested.
You are not allowed to park in Walton Centre car park.

Terms & Conditions:

Registrations will not be accepted over the telephone. A signed registration form must be sent to the Pain Relief Foundation OR registration can be done online via the Foundation website.

PAYMENT & CANCELLATION: Refund of registration fees will be made ONLY IF NOTICE OF CANCELLATION IS GIVEN BEFORE OCTOBER 1st. 2010 less an administration charge of 10%. NB. A deposit of £200 will secure a place provided that the balance is paid in full **as cleared funds** by October 1st. 2010. We cannot guarantee the place after this and deposits will not be refunded after this date.

Places are only guaranteed upon written confirmation. Acceptance is at the discretion of the organisers. If pre-payment has not been made by the date of the event, the organiser reserves the right to refuse admission.

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THURSDAY 4th NOV 2010

- 09.00** **Pain Management Programmes,**
Patient Selection & Outcome
John Wiles and Eric Ghadiali (Liverpool PMP)
Wolfson Lecture Theatre CSC
- 10.00** COFFEE
- 10.30** Sessions of choice:
- PAIN MANAGEMENT PROGRAMMES ASSESSMENT I**
Walton Centre PMP
John Wiles, Eric Ghadiali
- OR**
- Physiotherapy Clinic** TBC
- OR**
- Theatre** Manohar Sharma
- 13.00** LUNCH in the CSC
- 14.00** **Sessions of choice:**
- PAIN MANAGEMENT PROGRAMMES ASSESSMENT II**
Walton Centre PMP
John Wiles, Eric Ghadiali
- OR**
- PMP TREATMENT SESSIONS**
- OR**
- Theatre** Bernhard Frank
- 16.00** TEA for all in CSC
- 16.30** Goodbye speech by 2 patients and PMP discussion
- 19.00** **COURSE DINNER**
for 19.30 The Racquet Club, Hargreaves Building,
Chapel Street, Liverpool

FRIDAY 5th NOV 2010

- 09.30** **Lecture**
What is CRPS? And how do we treat it?
Andreas Goebel (Liverpool)
- 10.30** **Setting up and running a Hospital Pain Clinic and PMP**
James de Courcy (Cheltenham)
- 12.30** LUNCH AND CLOSE